

## Considerations and Information for In-Congress Tours



### **All delegates should:**

- Bring your Congress name badge to confirm your reservation on the tour.
- Arrive 10-15 minutes before your tour departure time and gather inside the registration area to wait for your tour to be called for loading.
- Wear comfortable closed-toe walking shoes (no sandals).
- Wear comfortable clothes for walking. Layers are recommended.
- Bring a sweater or jacket for warmth (tours going to high elevations may also consider bringing a warm hat and gloves). Most tours are going to areas where cold weather is very possible.
- Bring a rain jacket in case of inclement weather.
- Bring the water bottle provided to you in your Congress satchel – fill it with water the morning of the tour from your hotel (tap water is safe to drink in Salt Lake City).
- Consider wearing sunscreen and bringing sunglasses.
- Consider bringing a camera and/or binoculars.
- Eat breakfast before you arrive for your tour.
- Bring snacks if you are likely to get hungry – there are no options for purchasing snacks or drinks once the tour departs.

### **All tours will provide:**

- A tour lead.
- One light snack (for example, a small bag of popcorn or pretzels).
- Jugs of water to refill your water bottles.
- All full day tours will receive lunch on the tour. Meat and vegetarian options will be available on all tours. Soft drinks and/or tea are included in lunch. If you have special dietary requirements, please bring your own meal. Half day tours (IC-06, IC-07) will not have lunch. No tours provide breakfast, so please eat breakfast before your tour, or bring your breakfast for the bus ride.
- Bathroom stops are available throughout the day. Some may be rustic (pit toilets in the forest), others may be more developed. All coach buses are equipped with toilets for emergency use. We ask that you only use those if absolutely necessary, as all buses are full and we would like the ride to remain enjoyable for all delegates throughout the day.

### **Changes in tour information from original plans and what is printed in the Program Book:**

- IC-26 will return at 19:00, not 16:30.
- IC-04 will return at 15:30, not 14:00.
- IC-19 will not stop in Moab, but will spend the entire time touring Arches National Park.

**Note on high elevation tours:**

- Several of our tours will go into high elevation areas. Delegates on these tours should drink plenty of water. If you begin to feel faint or nauseous at the higher elevations, consider resting on the bus.

**Switching tours:**

- You may switch your tour onsite until 18:00 hours (6:00pm) on Monday, October 6. You can do this by visiting the registration desk and if space exists on your desired tour, the desk agent will change it for you.
- If space is not available, you can pin a message on the message board located in the South Foyer, requesting a tour trade (list what tour you have and what tour you want) – leave your contact information. If someone is willing to trade with you, both of you must then come together to the Registration Desk to get your registration badges validated for the new trips. All trades must be completed and validated no later than 18:00 hours on Monday, October 6<sup>th</sup>.
- You can also show up at the loading area for a “sold-out” tour that you wish to attend. After all the delegates at the loading area have checked in, if seats remain you may be allowed to board on a first-come-first-served basis until all the vacant seats are filled.

**Average daytime high temperatures for October 8:** *please note these are the average high temperatures, which means that the mornings will be significantly cooler.*

- Arches, Capitol Reef, Beaver: ~70F/ 20C
- Salt Lake City/Provo Area: ~70F/20C
- Mirror Lake Highway: ~50F/10C
- Logan Canyon/Northern Utah: ~55F/13C

**Where to purchase warm clothing in Salt Lake City:**

- New: City Creek mall is directly across the street from the Convention Center and has many shops that sell new warm clothing.
- Gently Used/Thrift: a few blocks from the Convention Center is - Our Store: Your Thrift  
Alternative: 358 S 300 E, Salt Lake City, UT, (801) 819-7884.